



SAI RAM INSTITUTE OF TECHNOLOGY

*An Autonomous Institution | Affiliated to Anna University & Approved by AICTE, New Delhi
Accredited by NBA and NAAC 'A+' | An ISO 9001:2015 Certified and MHRD NIRF ranked institution
Sai Leo Nagar, West Tambaram, Chennai - 600 044. www.sairamit.edu.in*



NATIONAL SERVICE SCHEME



REGULAR ACTIVITIES

ACADEMIC YEAR 2021 - 2022



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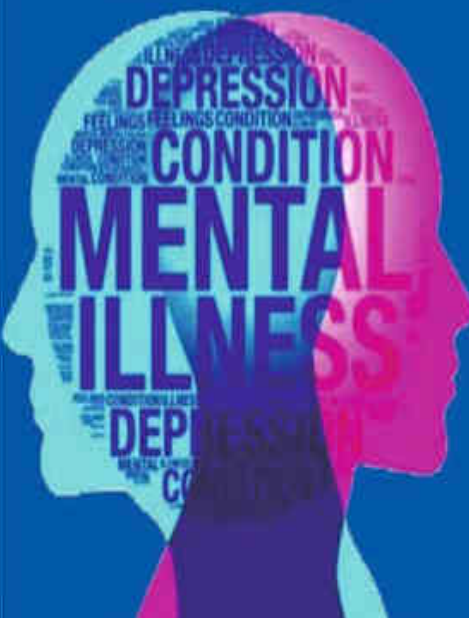
Date: 30.05.2021

Workshop: Guidance for Psychosocial Counselling and Helper Skills

30 NSS Volunteers Attended. A communicable disease, has instilled fears in the minds of the community because of severe morbidity, mortality and efficacy of high transmission. Therefore, anxiety to self-infection and passing the infection to friends, families and co-workers emerges as an emergency.

Sai RAM ENGINEERING COLLEGE INSTITUTE OF TECHNOLOGY
Autonomous Institutions
West Tambaram, Chennai - 44

NATIONAL SERVICE SCHEME (NSS)

in association with

MAHATMA GANDHI NATIONAL COUNCIL OF RURAL EDUCATION
Department of Higher Education
Ministry of Education, Government of India



WORKSHOP ON GUIDANCE FOR PSYCHOSOCIAL COUNSELLING AND HELPER SKILLS



Hosting on Zoom
30.05.2021, Sunday @ 4.00 PM

Chief Guest :

Mr. NARENDER BABU DARLA
Program Coordinator, MGNCRE,
Higher Education Department,
Government of India.



Student Co-ordinators : M. Vaan Amudhan / MECH
Abishek / MECH | Kaviya / EEE

Dr. G. Sathish Kumar
Dr. S. K. Uma Maheswaran
Dr. K. Baranitharan
NSS Programme Officers

Dr. K. Palanikumar
Principal / SIT

Dr. A. Rajendra Prasad
Principal / SEC

Shri. Sai Prakash LeoMuthu
Chairman & CEO
Sairam Institutions





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National Service Scheme

NSS
30 May 2021

Guidance for Psychosocial Counselling and Helper Skills





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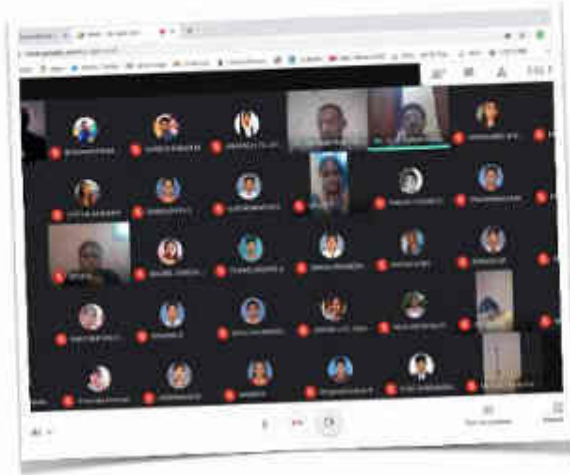
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**Sri Sairam Institute of
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National Service Scheme

**NSS
30 May 2021**





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Date: 31.05.2021 World NO Tobacco Day - 2021



ज्ञान-विज्ञान विभूषाये

प्रो. राजनीश जैन
सचिव

Prof. Rajnish Jain
Secretary



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(शिक्षा विभाग, भारत सरकार)
(Ministry of Education, Govt. of India)

बहादुरशाह जफर मार्ग, नई दिल्ली-110002
Bahadur Shah Zafar Marg, New Delhi-110002

Ph. : 011-23236288/23239337

Fax : 011-2323 8858

E-mail : secy.ugc@nic.in

D.O.No.14-12/2021 (CPP-11)

29th May, 2021

Subject: World No Tobacco Day on 31st May, 2021

Respected Sir/Madam,

Every year, on 31st May, the World Health Organization (WHO) and global partners observe World No Tobacco Day (WNTD). The annual campaign is an opportunity to raise awareness on the harmful and deadly effects of tobacco use and second-hand smoke exposure, and to discourage the use of tobacco in any form. This year, the theme of World No Tobacco Day 2021 is "Commit to Quit".

In this regard, you are requested to kindly observe the "World No Tobacco Day" in your esteemed university and the affiliated colleges on **31st May, 2021** and organize a pledge-taking ceremony in a befitting manner following strict adherence to the Government Guidelines/Protocols on COVID-19. A copy of the pledge in English and Hindi is attached.

With kind regards,

Yours sincerely,

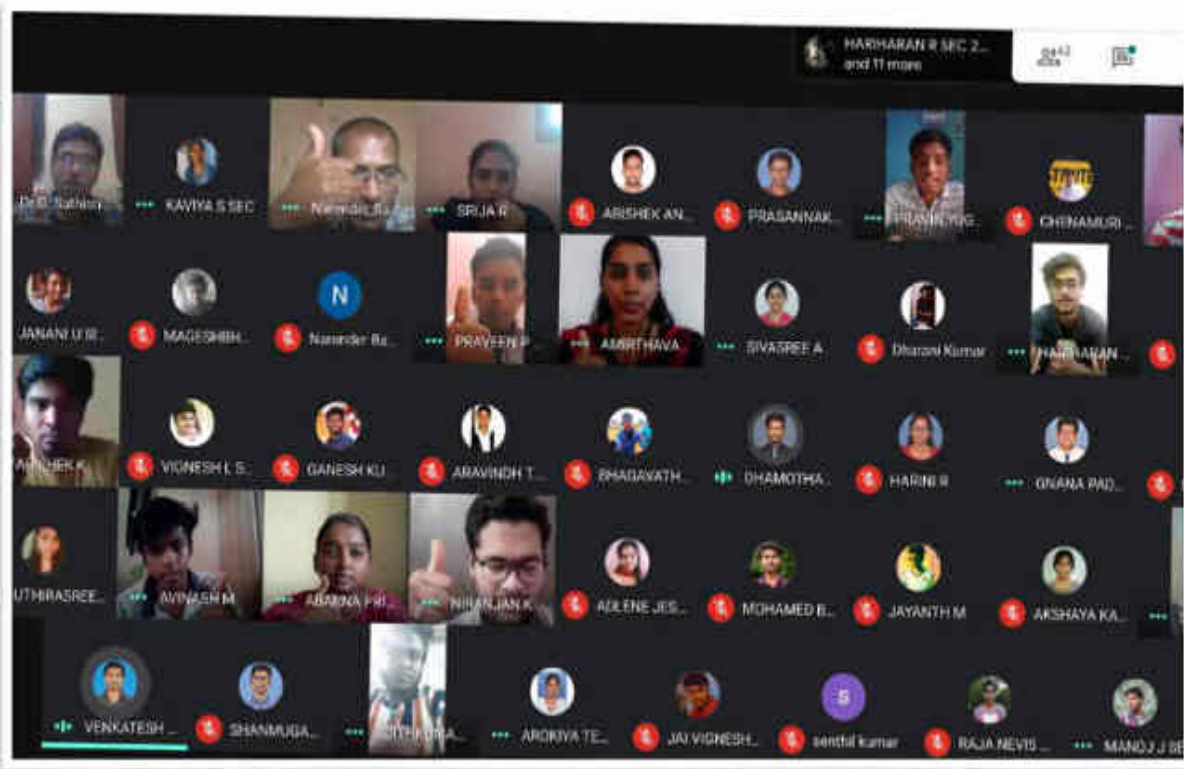
(Rajnish Jain)

The Vice-Chancellors of All Universities
The Principals of all Colleges/ Institutes



PLEDGE

On this occasion of World No Tobacco Day, I take a pledge that I shall never smoke & consume any type of tobacco products in my life and motivate my family or acquaintances to not to smoke & use any tobacco products. I shall keep the campus of my office tobacco-free and shall also motivate my colleagues for the same.





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Date: 12.06.2021

Workshop: Best Practice for Better Life Style (Boosting immunity :Covid 19 and Beyond)

27 NSS Volunteers Attended. Try to get regular, moderate exercise, like a daily 30-minute walk. It can help your immune system fight infection. If you don't exercise regularly, you're more likely to get colds, for example, than someone who does. Exercise can also boost your body's feel-good chemicals and help you sleep better.

Sairam RAISE EOMS **ARIIFA** **108** **192** **SUSTAINABLE DEVELOPMENT GOALS**

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NATIONAL SERVICE SCHEME (NSS) HEALTH AND YOGA CLUB

WEBINAR ON Best practices for better life style (Boosting Immunity : Covid 19 and Beyond)

Hosting on **ZOOM** **12.06.2021, Saturday @ 5.00 PM**

Chief Guests



Dr. MONICA SHANMUGAM, MBBS
Government Medical Officer
Nallamur Primary Health Centre
Chengalpet



Dr. SUKANYA NACHIMUTHU
BSMS MPH
Siddha Physician & Epidemiologist
Alumni of Sri Sairam Siddha Medical College

Dr. K. Palanikumar Principal/SIT | **Dr. A Rajendra Prasad** Principal/SEC | **Shri. Sai Prakash LeoMuthu** Chairman & CEO Sairam Institutions





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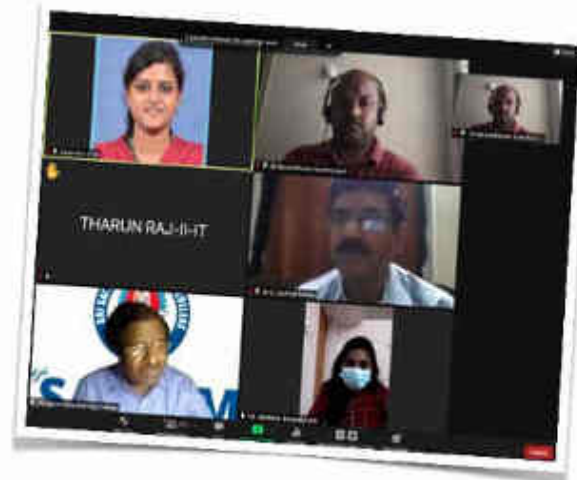
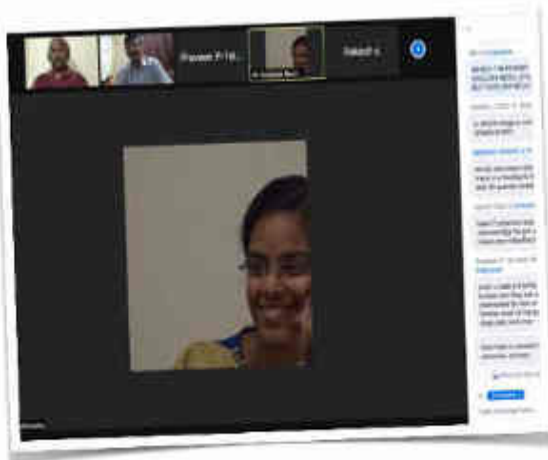
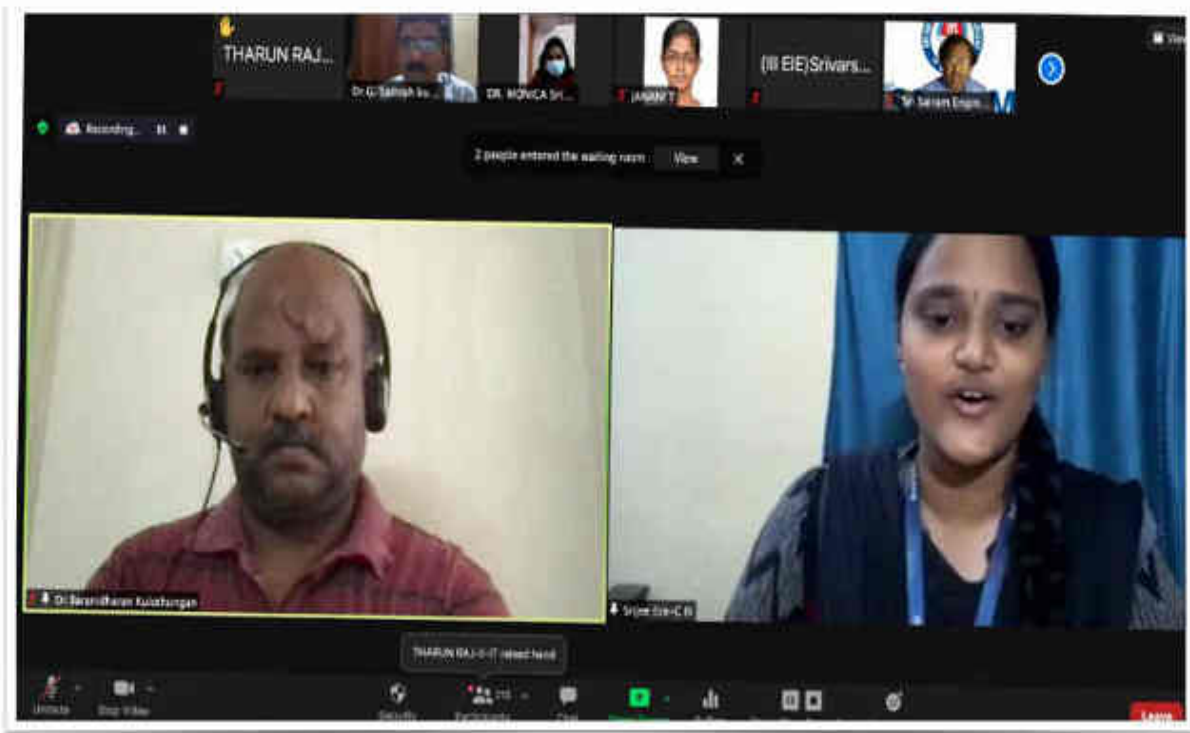


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NSS
12 June 2021

Best Practice for Better Life Style (Boosting immunity :Covid 19 and Beyond)





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Date: 28.07.2021

Health : Siddha Medical Camp

42 Staff Used. To preserve and prolong life. To do so, they believed, required humans to live according to the laws of nature. They led simple lives themselves and were unconcerned with caste, creed, colour, or nationality.

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National Service Scheme

NSS
28 August 2021

Sairam

சாய்ராம் இன்ஸ்டிடியூட் ஆஃப் டெக்னாலஜி
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சுயற்கு தாம்பரம், சென்னை - 44. www.sairamit.edu.in

நாட்டு நலப்பணித்திட்டம் (NSS)
Sri Sairam Siddha Medical College & Hospital
இணைந்து நடத்தும்

இலவச மருத்துவ முகாம்

Date : 28.07.2021, Time: 10 to 2 clock
Place : SSIT Medical Care

Medical Camp





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28 August 2021





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Date: 24.09.2021

NSS DAY & Nilavembu Kudineer Distribution

156 NSS Volunteers used. Nilavembu kudineer is a poly herbal formula controls all types of fever associated with body ache. It controls fever in a comprehensive way through its healing effects of temperature regulation, inflammation control and body pain relief.



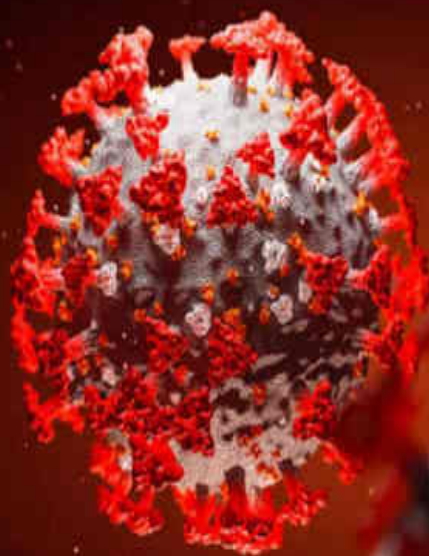
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HAPPY NSS DAY

Organize



NILAVEMBU KASHAYAM

on 24.09.2021 @ 12.00 PM | Venue - Sairam Campus

Dr. K. Baranidharan
NSS Coordinator

Dr. K. Palanikumar
Principal

Dr. K. Porkumaran
Director
Sairam Institutions

Shri. Sai Prakash LeoMuthu
Chairman & CEO
Sairam Institutions



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**Sri Sairam Institute of
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National Service Scheme

**NSS
24 September 2021**





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Date: 22.10.2021

Clean India: Tambaram Railway Station Cleaning Work - 1

38 NSS Volunteers Serviced. A clean India would be the best tribute India could pay to Mahatma Gandhi on his 150 birth anniversary.

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22 October 2021

Clean India





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NSS
22 October 2021





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Date: 25.11.2021

Clean India: Rally for Forest Cleaning - 2

24 November 2021

Rally Forest Clean





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24 November 2021





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24 November 2021





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Date: 25.11.2021

Clean India: Forest Cleaning Work - 3

68 NSS Volunteers Serviced. Our We try to keep our India clean, it will become green by cleaning our environment and our surroundings.

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FOREST CLEAN





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25 November 2021**





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**Sri Sairam Institute of
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**NSS
25 November 2021**





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Date: 03.12.2021

Blood Donation Camp


Our NCC cadets practiced Yoga Asana on the 'Yoga Day' in home during the pandemic time through an online session.

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Technology

National Service Scheme


NSS
3 December 2021






Cordially invite
you for the

BLOOD DONATION CAMP


HELP SAVE A LIFE 
GIVE THE GIFT OF BLOOD

Friday, 3rd December 2021 | 9.30 AM
Sri Leo Muthu Indoor Stadium

Sairam
INSTITUTIONS 

Dr. K. Baranidharan
NSS Program Officer

Dr. K. Palanikumar
Principal

Shri. Sai Prakash LeoMuthu
Chairman & CEO 



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Date: 16.12.2021

Health : Nilavembu Kudineer Distribution

97 NSS Volunteers used. Nilavembu kudineer is a poly herbal formula controls all types of fever associated with body ache. It controls fever in a comprehensive way through its healing effects of temperature regulation, inflammation control and body pain relief.

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16 December 2021

NILAVEMBU KUDINEER





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NSS
16 December 2021





Date: 21.12.2021

Environment : Tree Plantation

25 NSS Volunteers serviced. Tree Plantation drives combat many environmental issues like Deforestation, erosion of Soil, desertification in semi-arid areas, Global Warming and hence enhancing the Beauty and Balance of the Environment. Trees absorb harmful gases and emit oxygen resulting in an increase I. oxygen supply.

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21 December 2021

Tree Plantation



Report on Animals, Page 1



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Date: 27.12.2021

Health : BMD Scan (Staff)

24 Staff used: A bone density test is used to measure bone mineral content and density.

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27 December 2021

SUSTAINABLE
DEVELOPMENT
GOALS



BMD SCAN

Osteoporosis-Bone Mineral Density



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NATIONAL SERVICE SCHEME

AZADI KA AMRIT MAHOTSAV
Awareness Programs of Indian System of Medicine



Free BMD Scan

Osteoporosis – Bone Mineral Density

Date : 27-12-2021, Monday
Venue : NSS Room, Ground floor
Sri Sairam Institute of Technology
Time : 02:30 PM – 03:30 PM





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27 December 2021





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Date: 29.12.2021

NSS Award Function



National Service Scheme Award function 2020-2021



**Sri Sairam Institute of Technology,
Chennai**

Wednesday, 29 December 2021 10.30 am

Anna University Announced 2020-2021,

**Best NSS Unit Award (College) received by
Our Principal Dr. K. Palanikumar & Best
NSS Program Officer (PO) Award received
by Dr. K. Baranidharan.**



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Date: 12.01.2022

Webinar :National Youth Day

126 Students Attended. The National Youth Day is also known as Yuva Diwas and every year a new theme is decided for celebrating this day. The National Youth Day theme 2022 is "It's all in the mind".

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National Service Scheme

NSS
12 January 2022

NATIONAL SERVICE SCHEME NATIONAL YOUTH DAY 2022

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Celebrations of NATIONAL YOUTH DAY

Hosting on Zoom 12.01.2022, Wednesday @ 3.00 pm

Chief Guest
Mr. PRADEEP KUMAR KAR
OAS (Odisha Administrative Service)
Deputy Collector- cum- Executive Magistrate
Department of Revenue, Govt. Of Odisha.

Dr. K. Baranidharan
Programme Officer

Dr. K. Palanikumar
Principal

Shri. Sai Prakash LeoMuthu
Chairman & CEO



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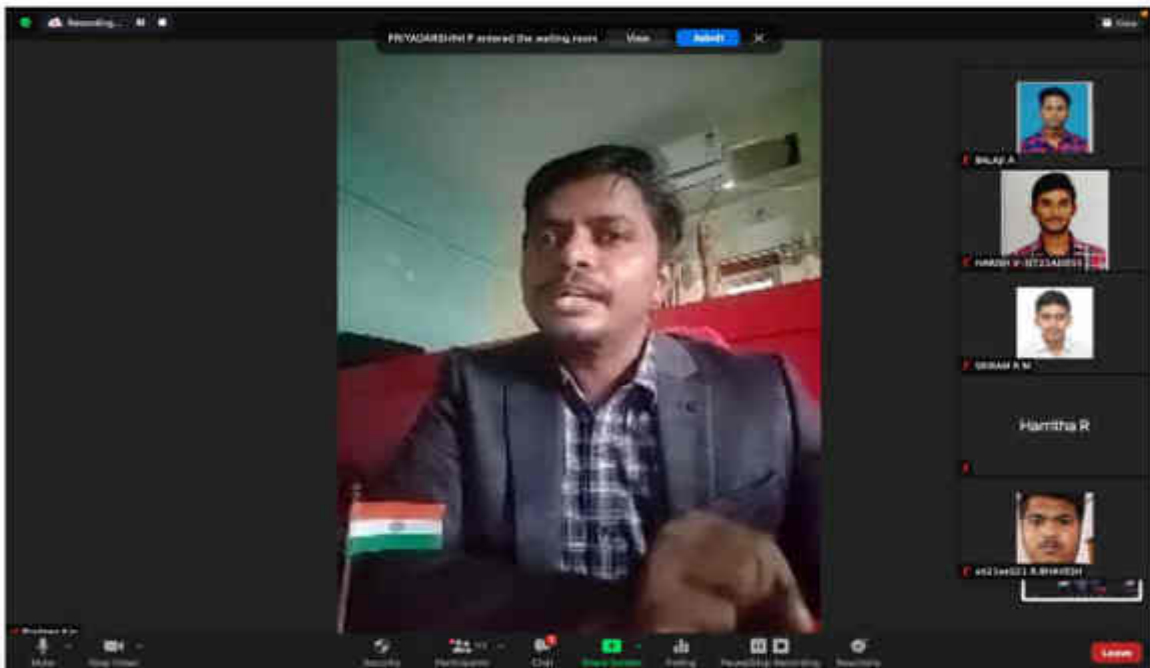
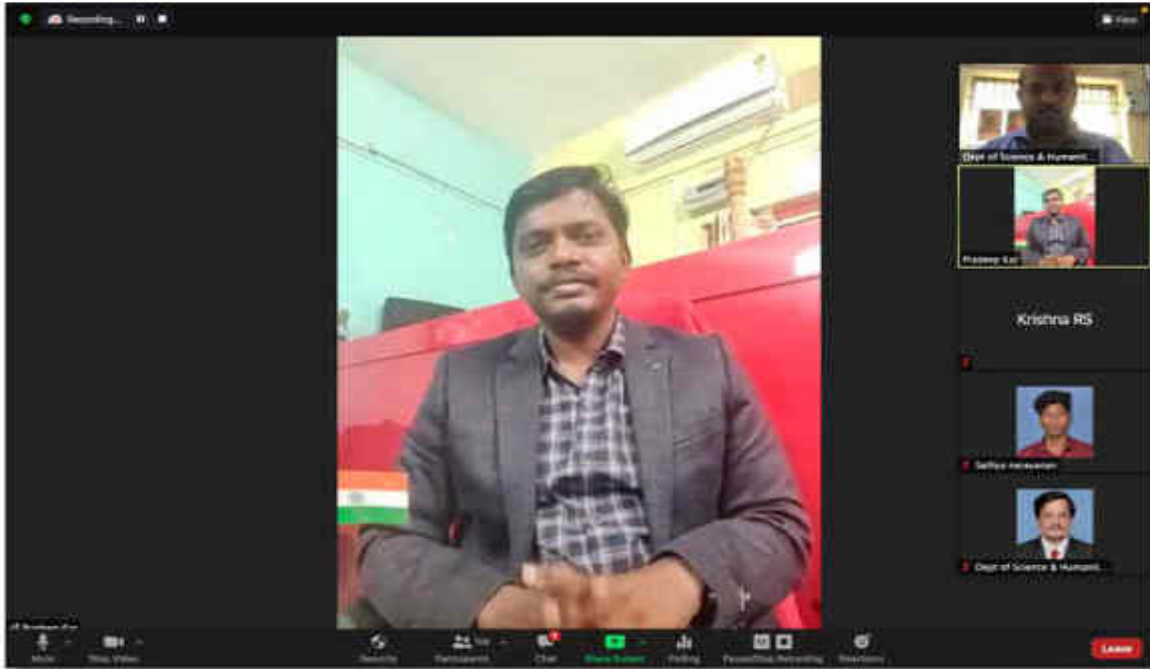
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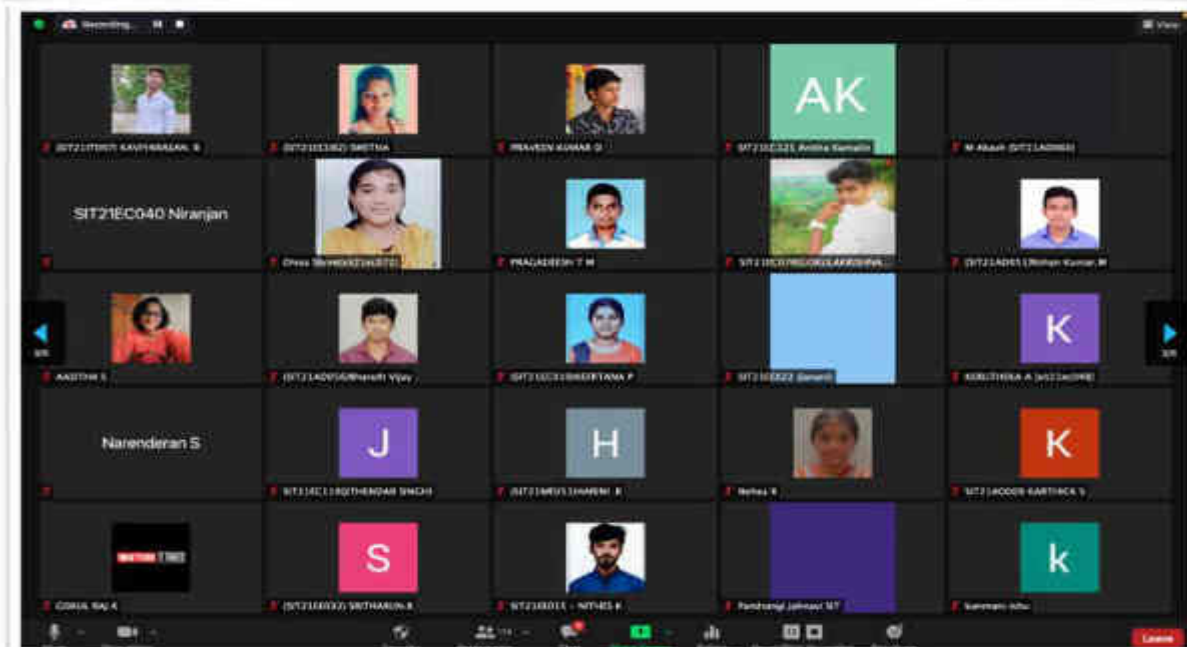
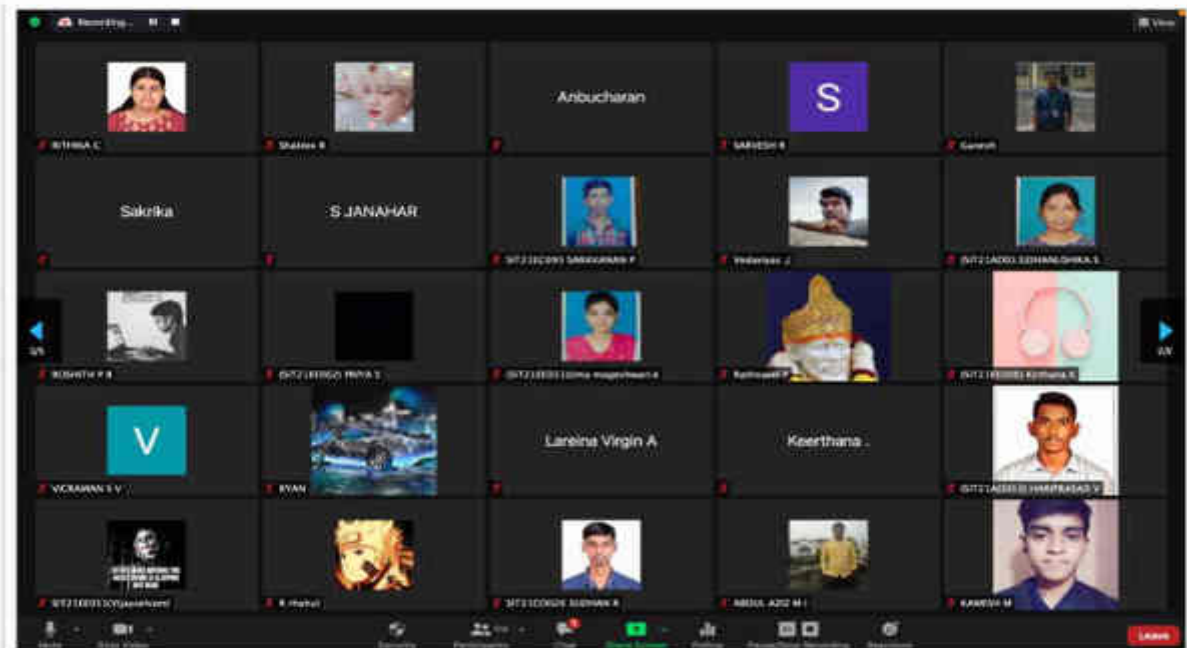
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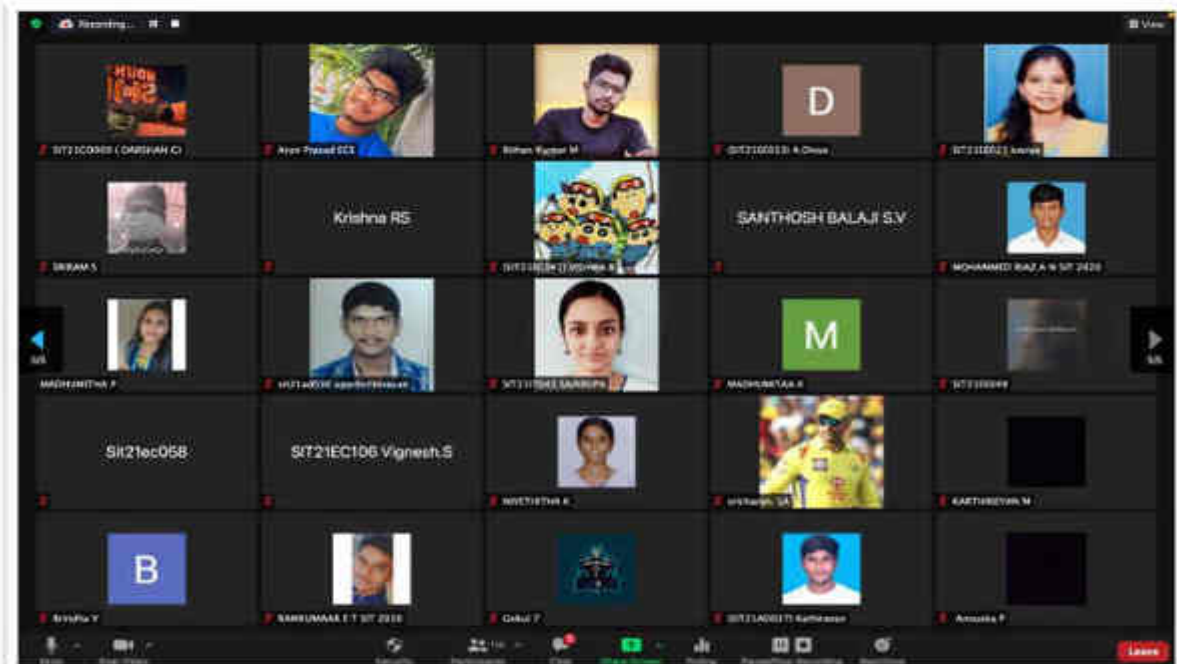
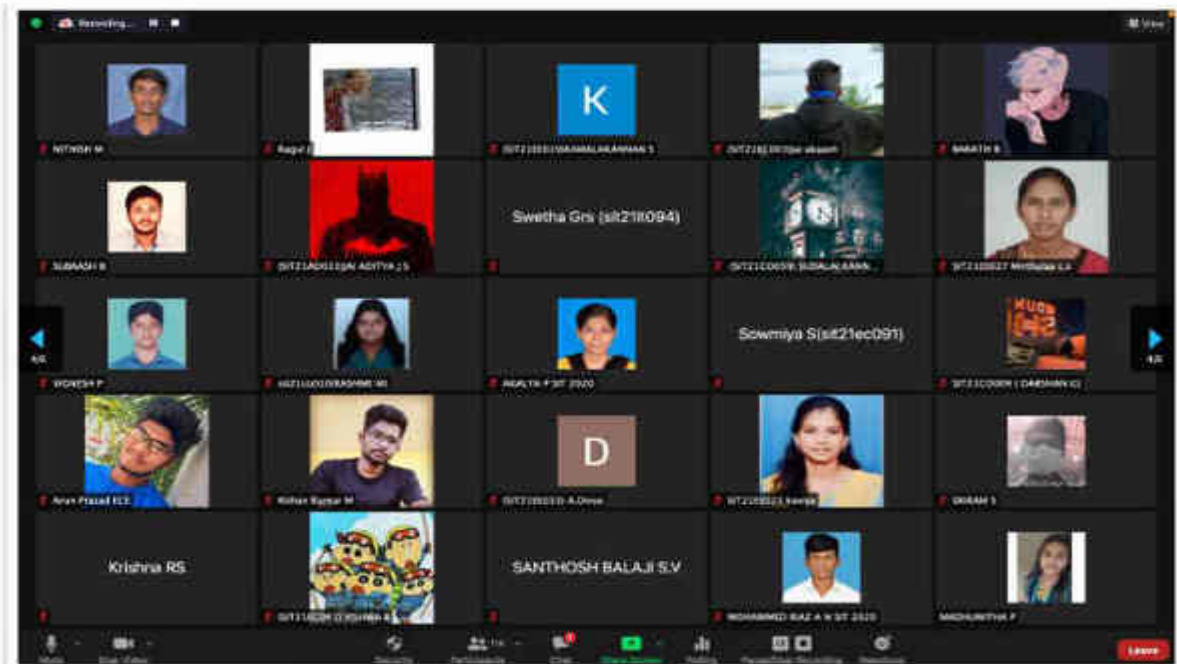
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Technology, Chennai 44

National Service Scheme

NSS
12 January 2022





SRI SAI RAM INSTITUTE OF TECHNOLOGY

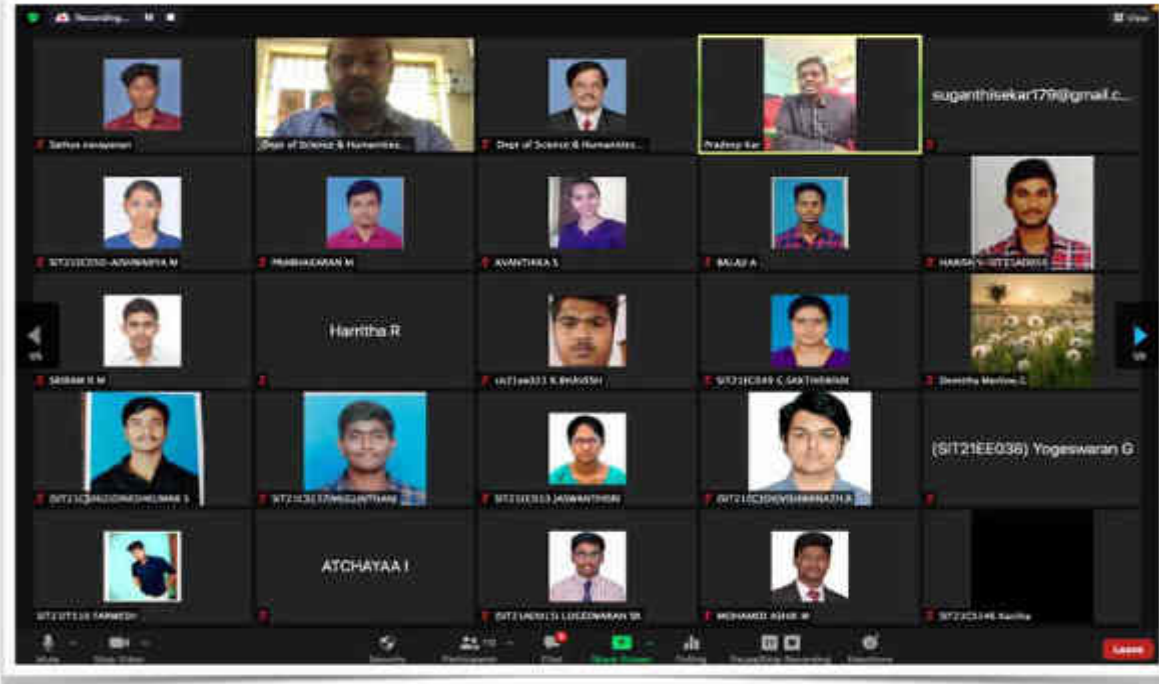
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NSS
12 January 2022



National Youth Day



Sri
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An Autonomous Institution
West Tambaram, Chennai - 44
www.sairamit.edu.in

• Guest Speaker

Thiru.Pradeep Kumar Kar, OAS

(Odisha Administration Service)

Deputy Collector-cum-Executive Magistrate, Department of Revenue

Govt of Odisha

Date: 12.01.2022, Time: 3.00 PM

Join Zoom Meeting

<https://sairaminstitutions.zoom.us/j/8754582227?pwd=chZUDHFNW51TWIwaElXVjZ6bHRlc310PQ==>

Meeting ID: 875 458 2227
Passcode: youth

Dr.K. Baranidharan
E. Viswanathan
P. Rathinavel
Program Officers

Dr.K.Palanikumar
Principal

Shri.Sai Prakash LeoMuthu
Chairman & CEO
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Date: 17.01.2022

Online NSS Orientation Program

100 NSS Volunteers Attended. The Programme is to introduce the concept, aims and motto of the NSS to the fresh NSS volunteers



The banner features a green background with a yellow title bar. At the top, it lists various accreditation logos including Sairam RAISE EOMS, ANITA, NIRF, and Sustainable Development Goals. The central text reads 'National Service Scheme ORIENTATION PROGRAM'. Below this, there are three images: a portrait of Rakesh K, a colorful flower logo, and a portrait of Hariharan V. The bottom section provides details about the guest speakers, the date and time of the event, and the Zoom meeting link and ID.

Sairam RAISE EOMS | **ANITA** | **NIRF** | **SUSTAINABLE DEVELOPMENT GOALS** | **Sairam INSTITUTIONS**

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National Service Scheme

ORIENTATION PROGRAM

Guest Speaker
Rakesh K
Assistant Systems Engineer
TATA Consultancy Services

Guest Speaker
Hariharan V
CAE analyst- Technical Supo.Eng,
Mechanical domain, Skill-lync

Date : 17.01.2022 | **Time : 11.00 am**

Join Zoom Meeting
<https://sairaminstitutions.zoom.us/j/8754582227?pwd=VWxTOXk4OHp4VzVodm1RV3dQaWVzdz09>
Meeting ID: 875 458 2227
Passcode: sitnss

Dr.K.Baranidharan
NSS Program Officer

Dr.K.Palanikumar
Principal

Shri.Sai Prakash LeoMuthu
Chairman & CEO
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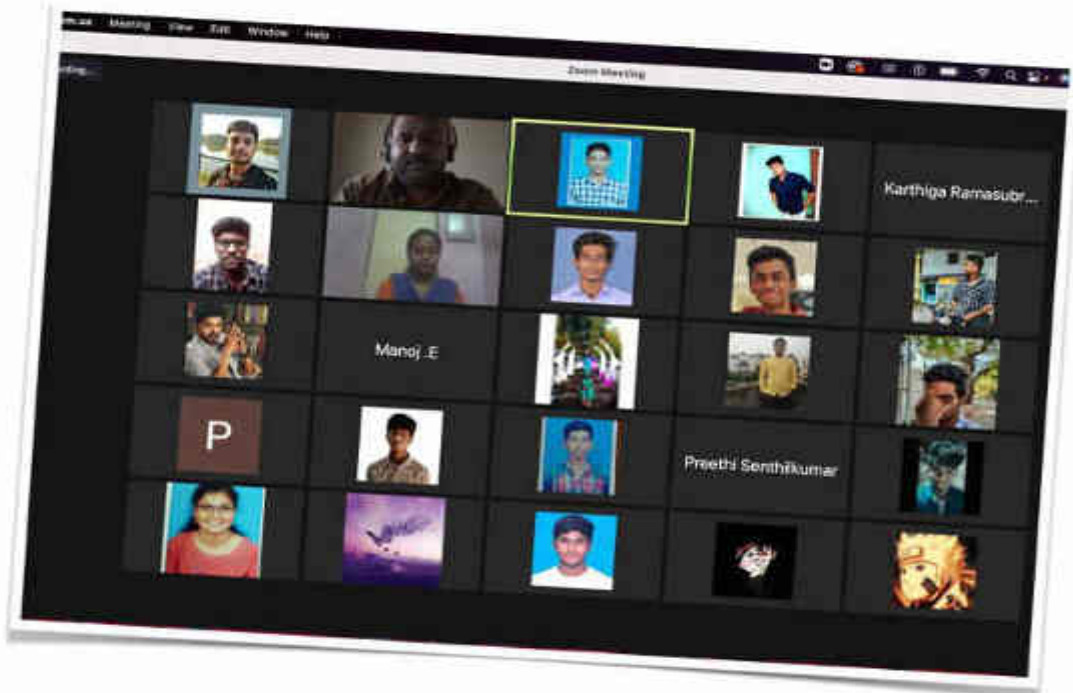
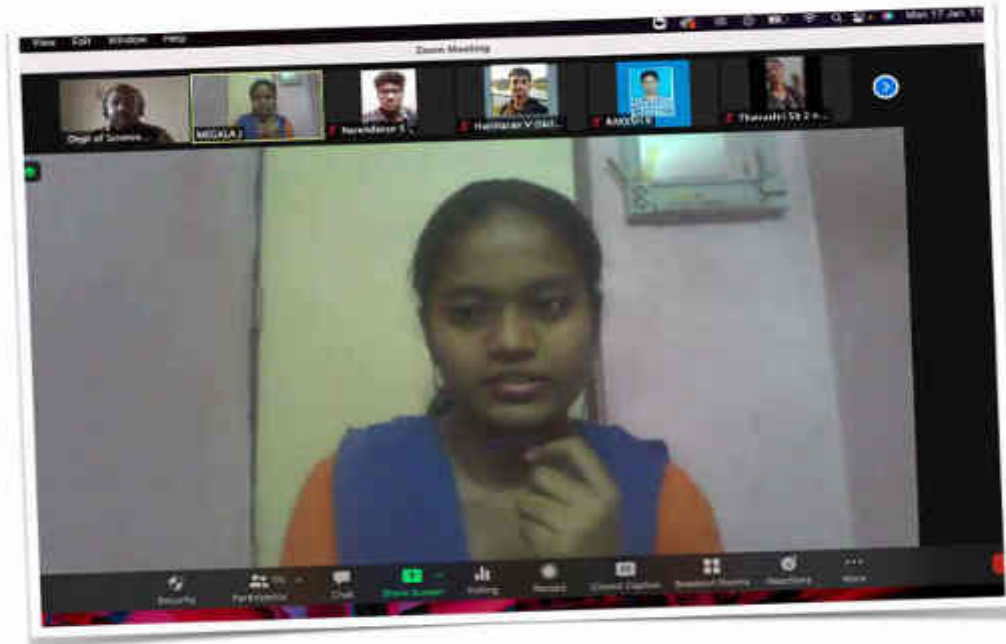
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National Service Scheme

NSS
17 January 2022





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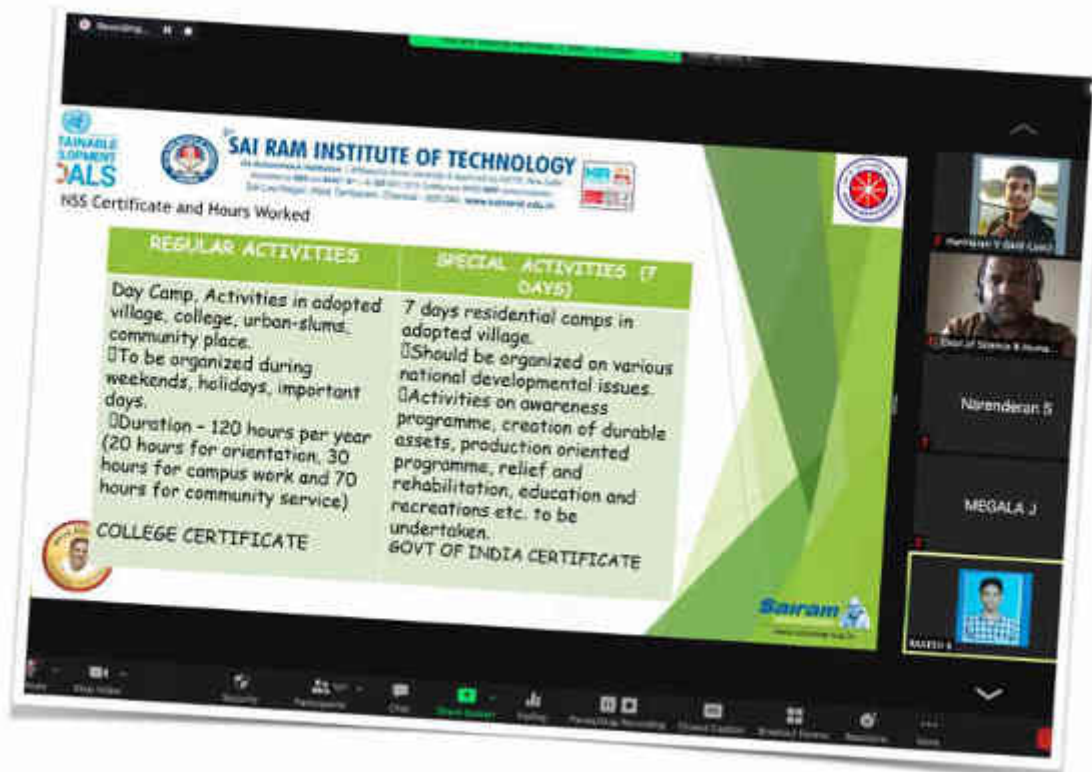
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NSS
17 January 2022





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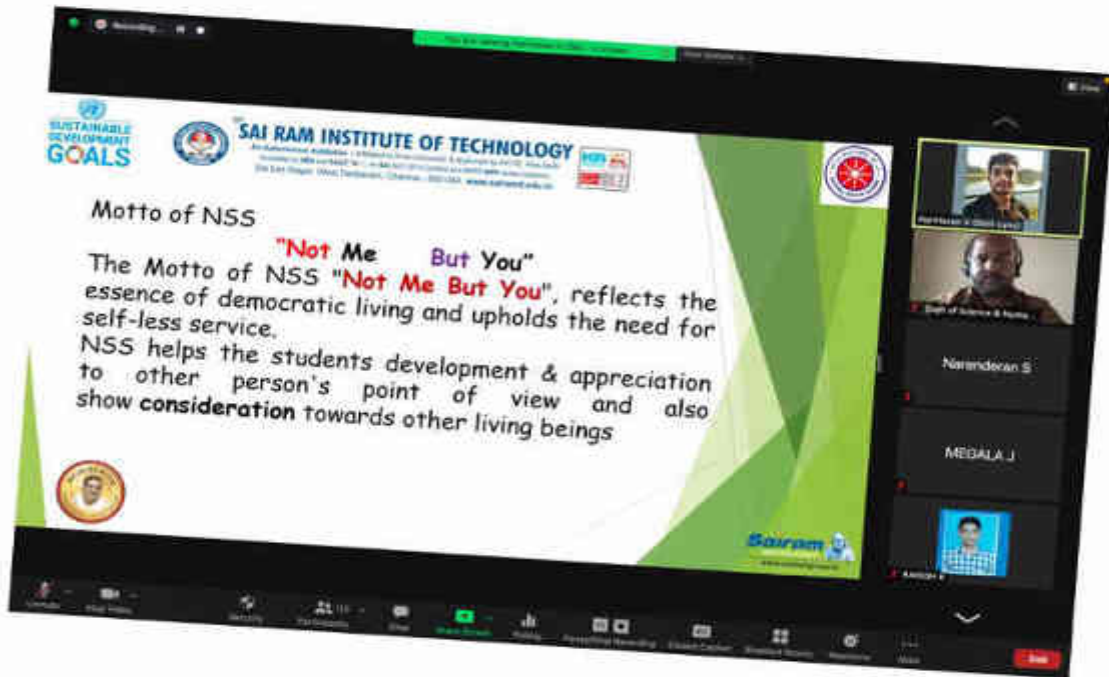
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Date: 24.01.2022

Empowerment of Girls Children's Day Webinar : Cancer Awareness Program

68 Girls Students Attended. Create cancer awareness and remove the stigma and fear attached. Help people recognize the early signs and symptoms of cancer, thus enabling them to seek treatment at an early stage.



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NATIONAL SERVICE SCHEME

EMPOWERMENT OF GIRL CHILD

Guest Speaker

Date: 24.01.2022

Time: 12pm to 1pm



Dr. G. Genga Lakshmi, M.D (Hom).,
Professor - Dept of Anatomy,
Member - Eve's Club,
Sri Sairam Homoeopathy Medical College
and Research Centre,
West Tambaram,
Chennai.



National Girl Child day

Join Zoom Meet

<https://sairaminstitutions.zoom.us/j/8754582227?pwd=TWwzTOXk4OHp4VzYlbnRlRVZkdQpWVzZz09>

Meeting ID: 875 458 2227

Passcode : sitmas

Dr. K. Baranitharan
NSS Program Officer

MS. M. Subashini
Organiser

Dr. K. Palanikumar
Principal

Shri. Sai prakash Leo Muthu
Chairman & CEO
Sairam Institution





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**Sri Sairam Institute of
Technology**

National Service Scheme

**NSS
4 February 2022**





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Date: 26.01.2022

Quiz : 73 Republic Day

1452 Students Attended: Republic Day commemorates the spirit of independent and individual India. It was on this day in 1930 when the Indian National Congress proclaimed Purna Swaraj, the declaration of India's independence from colonial rule. The day also commemorates Indian citizens' power to choose their government democratically.

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NATIONAL SERVICE SCHEME

73 Republic Day 26th January 2022
Patriotic Quiz Program
Link : <https://forms.gle/eXJT3Lr8NbWuhR3y8>

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NATIONAL SERVICE SCHEME

Certificate of Participation

Sai mahathy sree.B.S

For participating in the Patriotic Quiz on
73 Republic Day 2022 in the Month of January 2022
We appreciate your time and enthusiasm! Keep Participating!

Dr. K. Saravitharan
NSS
Program Officer

Dr. K. Polam Kumar
Principal
SAI RAM INSTITUTE OF TECHNOLOGY

Sai Prakash LeoNithu
Chairman & IEL
Sai Ram Institute

Made for free with Certify'em



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Date: 18.02.2022 to 19.02.2022

Local Body Election Duty

18 NSS Volunteers Serviced to Local body election duty at Chennai



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Date: 08.03.2022

Quiz : Women's Day

460 Women's Day celebrates women's history, highlighting key events, milestones, and achievements, and aims to **further promote and raise awareness of women's rights and to achieve equal opportunity status in all walks of life.**



International Women's Day 8 March



Quiz Link :

<https://forms.gle/ismz55EhoygjQJaj8>

Dr.K.Baranidharan
NSS Program Officer

Dr.K.Palanikumar
Principal

Shri. Sai Prakash Leo Muthu
Chairman & CEO
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NATIONAL SERVICE SCHEME

Certificate of PARTICIPATION

This Certificate is presented to

For participating in the Women's Day Quiz
on 8th March 2022.

We appreciate your support and enthusiasm! Keep Participating.




Dr. K. Baranidharan
NSS
Program Officer


Dr. K. Palani Kumar
Principal,
Sai Sai Ram Institute of Technology


Sai Prakash LeoMuthu
Chairman & CEO,
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Date: 20.04.2022

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NATIONAL SERVICE SCHEME

DAY - 1
20 April 2022




Sri
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ENGINEERING COLLEGE
INSTITUTE OF TECHNOLOGY
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West Tambaram, Chennai - 44




Organized by
National Service Scheme

Online Workshop in Yoga

Hosting on Zoom
Meeting ID : 878 9655 6952
Passcode: YOGA



Hosting on Zoom

20.04.2022 to 26.04.2022(7 Days)



Yoga Trainer
K Sharmila M.sc MPhil

- 1.Introduction about yoga
- 2.Discussion and demo on suryanamaskar
- 3.Simplified physical exercise
- 4.Muthras
- 5.Asanas
- 6.Kayakalpa



Dr.K.Baranidharan
NSS Program Officer

Dr.K.Palanikumar
Principal

Shri.Saiprakash Leo Muthu
Chairman & CEO
Sairam Institution



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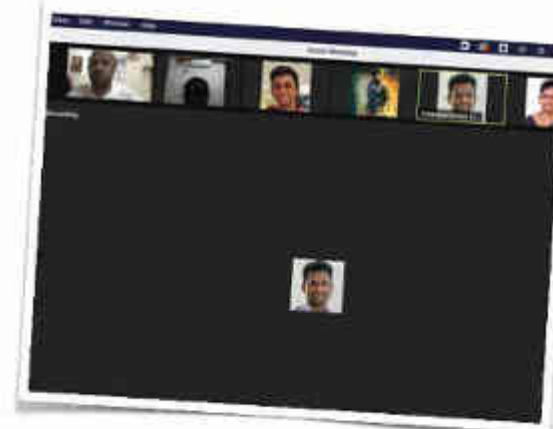
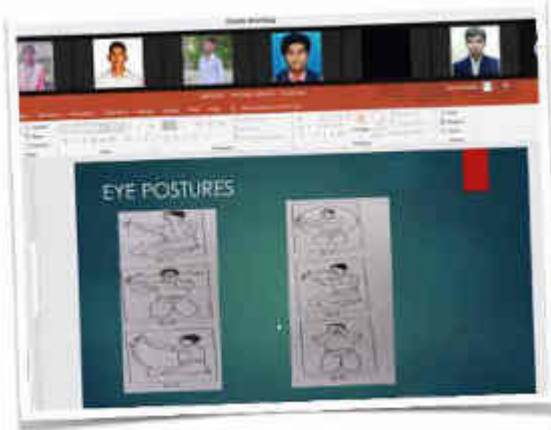
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NATIONAL SERVICE SCHEM

NSS
22 April 2022






Types of Hand Mudras

1. GYAN MUDRA
2. PRANA MUDRA
3. PRITHVI MUDRA
4. VARUN MUDRA
5. SURYA MUDRA




GYAN MUDRA (Mudra of knowledge)




- It stimulates the air element in the body which ultimately leads to an increase in the memory power, nervous system and pituitary gland production.
- It increases the concentration level mental power and sharpens the brain.

PRANA MUDRA (MUDRA OF LIFE)




- It increases eye sight, increases the body resistance to disease, reduces deficiency of vitamins, and removes tiredness.
- It reduces fatigue during fasting and gives you a good night sleep.
- It stimulates the entire human body.

PRITHVI MUDRA or APNA MUDRA (MUDRA OF DIGESTION)




- It gives relief from constipation, piles and diabetes, kidney defects and the dental problems.
- It is best for stomach and heart disease.
- To detoxify the body this mudra helps.

VARUN MUDRA (MUDRA OF WATER)



- It reduces the dryness of the skin and helps to improve its luster and softness.
- It also cures many skin diseases.
- It encourages openness and fluid communication and balances the water element in the body.

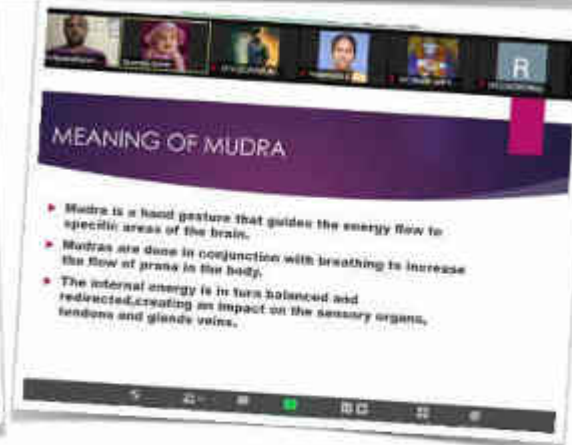
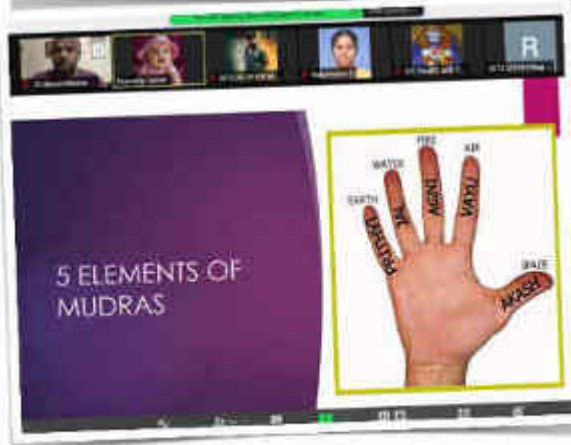
SURYA MUDRA (MUDRA OF THE SUN)



- It helps to control weight and obesity.
- It helps to maintain the elements to maintain the temperature and improve the vision.
- It also helps to cure cold, digestive problems and coldness of body limbs, hands and feet.



YOGA 4th DAY





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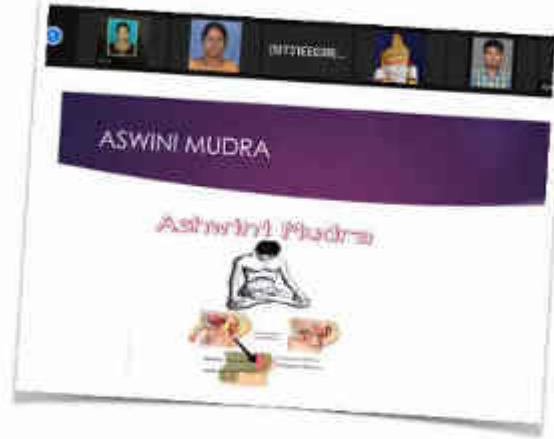
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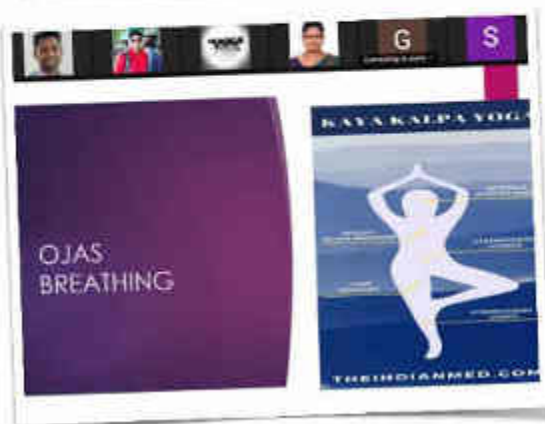
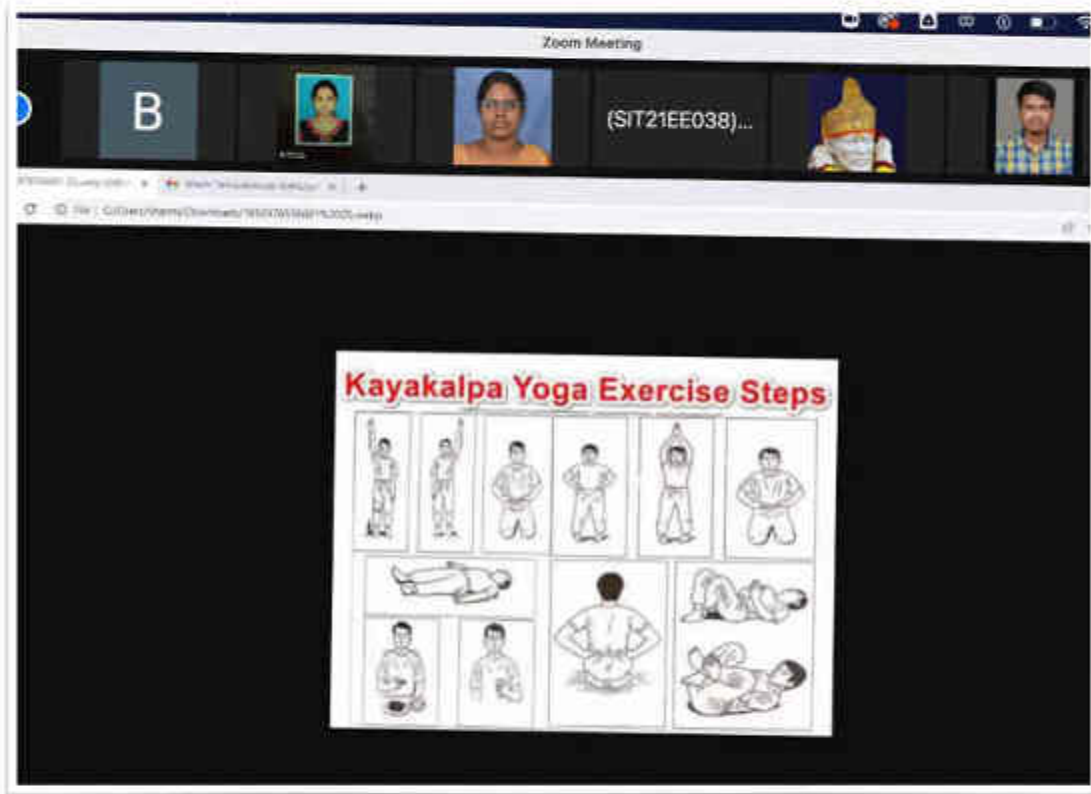
NATIONAL SERVICE SCHEME

NSS
26 April 2022





YOGA 6th DAY





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Date: 14.05.2022 to 20.05.2022

N S S SPECIAL CAMP



ஸ்ரீ சாய்ராம் இன்ஸ்டிடியூட் ஆப் டெக்னாலஜி

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சாய் லியோ நகர், மேற்கு தாம்பரம், சென்னை - 44.
போன் : 044 - 2251 2111 www.sairamit.edu.in





நாட்டு நலப்பணித்திட்ட சிறப்பு முகாம்

"NOT ME BUT YOU"

அன்புடையர்,
எங்களது நாட்டு நலப்பணித்திட்டத்தின் சார்பாக சிறப்பு முகாம் 14.05.2022 முதல் 20.05.2022 வரை நல்லூர் கிராமத்தில் நடைபெற உள்ளது. இந்நிகழ்ச்சியில் பங்கு கொண்டு மாணவர்களை ஊக்குவித்து முகாமை சிறப்பிக்க ஆதரவு தருமாறு அன்புடன் அழைக்கின்றோம்.

Aim : PERSONALITY DEVELOPMENT THROUGH COMMUNITY SERVICE

நாள் : 14.05.2022 - 20.05.2022

இடம் : ஊராட்சி ஒன்றிய தொடக்கப்பள்ளி, நல்லூர்.

பொருள் : "Youth for Cleanliness"

இப்படிக்கு
ஸ்ரீ சாய்ராம் இன்ஸ்டிடியூட் ஆப் டெக்னாலஜி
முதல்வர், திட்ட அலுவலர்கள்
ஆசிரியர் மற்றும் மாணவ, மாணவியர்.



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Date: 24.05.2022



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NATIONAL SERVICE SCHEME



Countdown Programme for
8th International Day of



7 days Training programme on common Yoga Protocol (CYP)

General Yoga Practices

24-05-2022 to 31-05-2022 | 10.00 AM to 11.30 AM | Sairam Yoga Center

Resource Persons



Prof. C. Jayaveera Pandian
M.Sc. (Yoga)



Prof. J. Jayanthi,
M.Sc (Yoga)

Sky Yoga-WCSE-World Community Service Centre.

Dr. K. Baranidharan
NSS Coordinator

Dr. K. Palanikumar
Principal/SIT

Shri. Sai Prakash LeoMuthu
Chairman & CEO





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Date: 15.08.2022

**SRI SAIRAM INSTITUTE
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**75TH
INDEPENDENCE DAY**

**N S S
15 August 2022**

75th INDEPENDENCE DAY

**SRI SAIRAM INSTITUTE OF
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**SRI SAIRAM INSTITUTE
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**75TH
INDEPENDENCE DAY**

**N S S
15 August 2022**



Page 3



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**SRI SAI RAM INSTITUTE
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**75TH
INDEPENDENCE DAY**

**N S S
15 August 2022**





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**SRI SAI RAM INSTITUTE
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**75TH
INDEPENDENCE DAY**

**N S S
15 August 2022**





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Date: 09.09.2022

Blood Donation

20 unit



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Sairam
www.sairamgroup.in



SAVING LIVES ONE DROP AT A TIME

EVERY DROP COUNTS



NATIONAL SERVICE SCHEME



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Date: 17.09.2022

Coastal Clean-up Drive 2022





Sai SAI RAM INSTITUTE OF TECHNOLOGY

An Autonomous Institution | Affiliated to Anna University & Approved by AICTE, New Delhi
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Date: 19.09.2022

Blood Donation

07 unit

Gleneagles Global Hospital
Peumbakkam, Chennai

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Sairam
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AB+ B+ B-
A- O+
B+ A-
O- AB+
A+ A+ O+
O- AB- B- AB-

NATIONAL SERVICE SCHEME

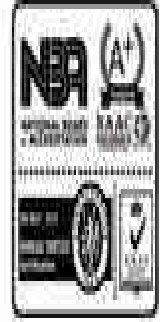


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UNNAT BHARATH

ABHIYAN

COORDINATORS: Mr.D.Muralidharan (9840761997)

Associate Professor

Department of Mathematics

Sairam Institute of Technology

Mr.A.Ponshanmugakumar

Associate Professor

Department of Mechanical Engineering

Sri Sairam Institute of Technology

2022 - 23

- **Event Name:** Village Household Survey/ Nallur Village

Date: 23 /09/2022 and 24/09/2022

Details: The volunteers of UBA started taking a Village survey at the newly adopted village of Nallur, Sriperumputhur. 50 students and 9 staff members supported them to complete the survey successfully.





- **Event Name:** World Entrepreneurs' Day (21st August)

Date: 22/08/2022

Details: UBA celebrated World Entrepreneurship Day on 22nd August on our campus along with IEEE in Sairam Institute of Technology. Mr Chandrasekar, Self Reliant Bharath, Mr.Jeyakumar Venkataraman, LUB-TN & National EC Members and Dr.Krishna Manoharan, Naturaa Agrorganica Global presented the importance of Entrepreneurship among the students.





UNNAT BHARAT ABHIYAN

உதம்பட்டி. இந்துயா பிரச்சாரம்



in association with



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West Tambaram, Chennai - 44

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organizing

A Career Guidance Program on

“SOWING THE SEEDS OF ENTREPRENEURSHIP”



in students' minds.

on 22/08/2022 @ 2 pm
Ground floor Smart Class Room

Expert talk by



Mr.P. Chandrasekaran
Self Reliant Bharat



Mr. Jayakumar Venkataraman
State General Secretary,
LUB-TN & National EC member.



Dr.KRISHNA MANOHARAN
CHAIRMAN & MD
NATURAA AGROORGANICA GLOBAL

Mr.A.Ponshanmugakumar
Organizer

Dr.G.Saritha
IEEE-Student Counsellor

Mr.D.Muralidharan
UBA Co-ordinator

Dr.K.Palanikumar
Principal / SIT

Shri.Sai Prakash LeoMuthu
Chairman & CEO,Sairam Institutions



- **Event Name:** Village Grama Sabha (Independence Day)

Date: 15/08/2022

Details: UBA coordinators of Sri Sairam Institute of Technology have participated in the village Grama Sabha, conducted by elected members of the village at Erumaiyur and Pazhanthandalam both are adopted villages of our institution.



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West Tambaram, Chennai - 44



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Sairam SDG ACTION



UNNAT BHARAT ABHIYAN
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75 Azadi Ka Amrit Mahotsav



Grama Sabha Meet

in association with
Grama Panchayat Village Administration

15.08.2022, Monday
10.30 AM

Respective Village Panchayat Office
All are invited !

Dr. S. K. Uma Maheshwaran | Mr. D. Muralidharan
Co-ordinators - UBA

Dr. K. Palanikumar
Principal / SIT

Dr. K. Porkumaran
Principal / SEC

Shri. Sai Prakash LeoMuthu
Chairman & CEO
Sairam Institutions





- Event Name: MOU

Date: 29/06/2022

Details: Our Institutions (SEC and SIT) have made MOU with SIRD (State Institute of Rural Development, Maraimalainagar). Mr Samuel Inbadurai, Director, State Institute of Rural Development and Panchayat Raj, Tamil Nadu felicitated the function.



- **Event Name:** World Environment Day (05/06/2022)

Date: 06/06/2022

Details: Mr.Senthil Pari, President, EXNORA and Mr.Seetharaman and Mr.Umapathi EXNORA had come to the campus and explained the importance of the protection of the environment. Mr.Pari said that this world is not for humans only, it is for all livelihood. He insisted on always thinking big. Mr Umapathi explained about leucoderma or vitiligo.

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WORLD ENVIRONMENT DAY
06.06.2022, Monday | 10.30 am
Smart Class Room

Mr.KSS.Senthur Pari
President, EXNORA
சுற்றுச்சூழல் பாதுகாப்பு

Mr. V. Seetharaman
EXNORA
சுற்றுச்சூழல் விழிப்புணர்வு

Dr. K. Palanikumar
Principal/SIT

Shri. Sai Prakash LeoMuthu
Chairman & CEO
Sairam Institutions



- **Event Name:** World Environment Day (05/06/2022)

Date: 05/06/2022

Details: Our Institution has been awarded as District Green Champion for Kancheepuram District, Tamil Nadu for the academic year 2021 - 22. This award is for implementing Swachhta Action Plan, Hygiene, Sanitation and Waste Management in the campus. This award was recommended to the District Collector by MGNCRE (Mahatma Gandhi National Council for Rural Education, Hyderabad).

The District Collector, Kanchipuram has issued the certificate for the above. Our CEO Sir received the certificate from the Collector. The Principal of our institution accompanied him.





2021 -22

- **Event Name:** Orientation Programme for I year (2022)

Date: 24/05/2022

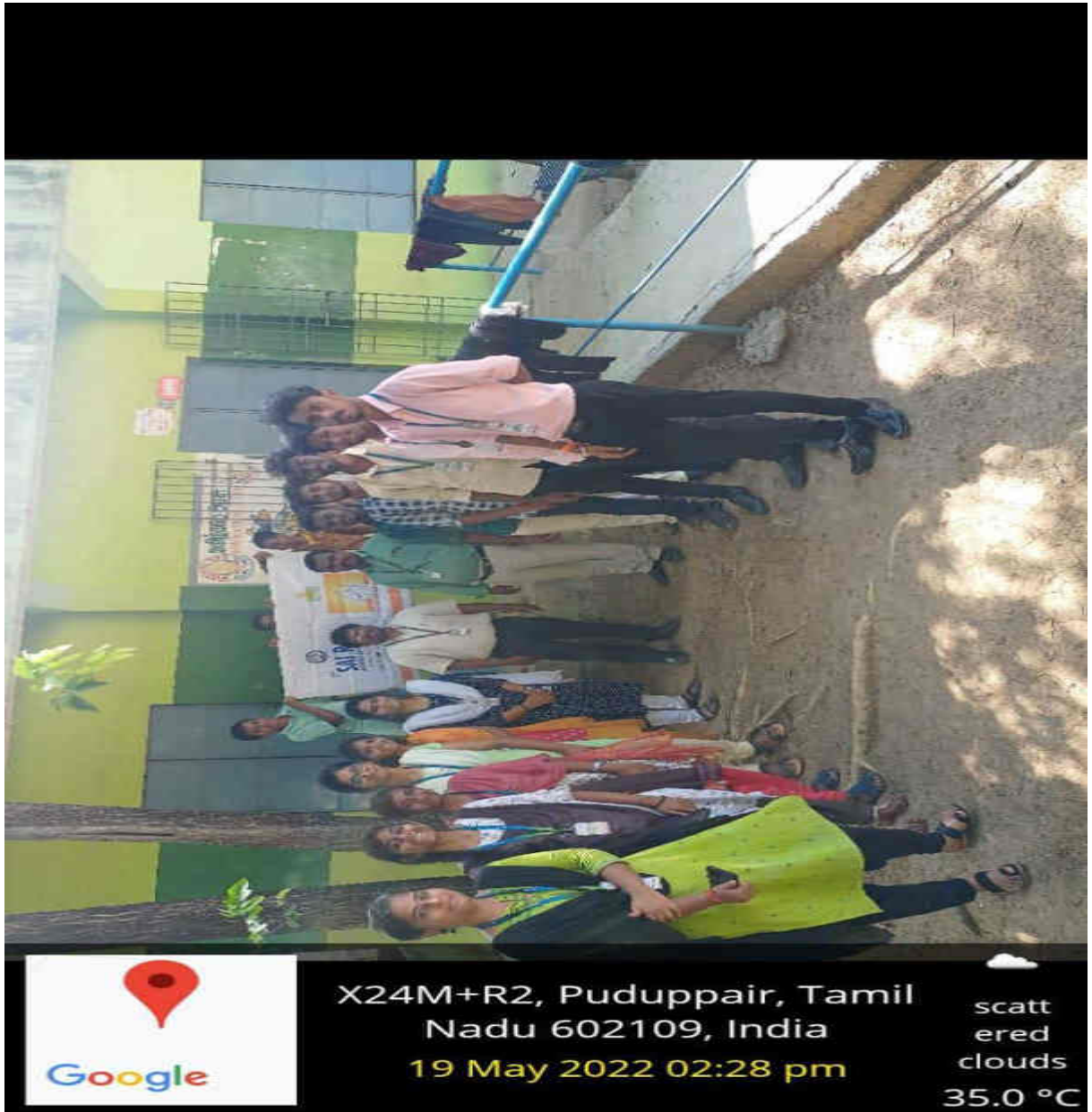
Details: Dr.UmaMaheswaran, Coordinator of Sairam Institution presented the importance of UBA and Projects/Patterns to the students. Mr.Karthik Ram, MAGIC Team and Mr.RamKumar explained how rural people are suffering and what changes are to be made to the development of rural people and society.



- **Event Name:** Nallur Village visit

Date: 19/05/2022

Details: Mr.Muralidharan and Mr.Ponsanmugakumar along with students went to one of the adopted villages, Nallur. We explained the importance of taking surveys and decided to conduct a rally on the demerits of Usage of Plastic.



- **Event Name:** UBA Tree Sapling - World Earth Day

Date: 22/04/2022

Details: Earth Day was observed by our UBA volunteers. Ms V.Uma, Scientist “F”, CVRDE, Avadi planted a tree sapling on our Campus.



- **Event Name:** UBA Website Launching
Date: 03/03/2022

Details: Sairam Institutions launched a website for UBA. The Principal of SEC and SIT participated and motivated the students who put more effort to bring out this.

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Sairam
EXCELLENCE

Sairam SDG ACTION PROGRAM

DEPARTMENT OF
**COMPUTER SCIENCE &
ENGINEERING**

**SAIRAM UBA
WEBSITE
Virtual Launch**

Hosting on **Zoom** **03.03.2022, Thursday
@ 6.30 pm**

Meeting Link
<https://tinyurl.com/2p8cwh8r>

Meeting ID: 875 450 1114
Passcode: sairamuba

SRI SAI RAM ENGINEERING COLLEGE
INSTITUTE OF TECHNOLOGY
Autonomous Institutions
West Tambaram, Chennai - 44

Mr. N. Gopinath / SEC
Mr. D. Muralidharan
Organisers / UBA

Dr. B. Sreedevi
HOD/CSE/SIT

Dr. B. Latha
HOD/CSE/SEC

Dr. K. Palanikumar
Principal / SIT

Dr. K. Porkumaran
Principal / SEC

Sai Prakash LeoMuthu
Chairman & CEO
Sairam Institutions

- **Event Name:** Project Sanctioned
- Date:** March 2022

Details: Dr Prabha and her team project has been selected by Subject Expert Groups of Unnat Bharath Abhiyan, IIT - Delhi. The amount of Rs.1,00,000 has been sanctioned to bring out the projects successfully.

List of approved Proposals under different Subject Expert Groups of Unnat Bharat Abhiyan, March 2022								
S.No	Unique Code	AISHE Code	Participating Institute	ICI	Subject Expert Group	Title Of Proposal	Fund	Type of proposal (development/customization)
1	UBA/25/0013/U-0391	U-0391	Birla Institute of Technology,Mesra	IIT Jodhpur	Capacity Building	Setting up of a small-scale pilot plant for production of organic compost from kitchen	100,000.00	TECHNOLOGY DEVELOPMENT
2	UBA/36/0046/U-0639	U-0639	University of Science & Technology Meghalaya	IIT Guwahati	Capacity Building	Income Generation through Low-Cost Agri Technology	100,000.00	TECHNOLOGY DEVELOPMENT
3	UBA/16/0037/C-37089	C-37089	Sri Ramakrishna Engineering College	Tamil Nadu Agricultural University	Capacity Building	Solar Cooking Campaign - Empowering young Rural and Tribal community with Solar Cookers	50,000.00	TECHNOLOGY CUSTOMIZATION
4	UBA/15/0067/C-26814	C-26814	C-26814 SOLAMALAI COLLEGE OF ENGINEERING	Gandhigram Rural Institute	Capacity Building	Virtual Reality and Augmented Reality to enhance learning outcomes among Primary School Children	100,000.00	TECHNOLOGY DEVELOPMENT
5	UBA/13/0063/C-18121	C-18121	NRI College of Pharmacy	SVVU Tirupati	Capacity Building	Automated Hydroponic Farming with optimal Resources for landless poor	100,000.00	TECHNOLOGY DEVELOPMENT
6	UBA/05/0066/U-0566	U-0566	UTTARAKHAND TECHNICAL UNIVERSITY DEHRADUN	IIT Roorkee	Capacity Building	Participatory Capacity Building among Rural Women to Establish Community Enterprises	100,000.00	TECHNOLOGY DEVELOPMENT
	UBA/18/002/C-43798	C-43798	Vinul Jyothi Engineering	IIT Palakkad	Capacity	Village women economic	100,000.00	TECHNOLOGY

50			Technology					DEVELOPMENT
	UBA/17/0083/C-11842	C-11842	Amal Jyothi College of Engineering	ketula agriculture university	Agriculture	TECHNOLOGY DEVELOPMENT FOR MICROALGAE INCORPORATED FUNCTIONAL CASSAVA PASTA WITH POTENTIAL HEALTH BENEFITS	100,000.00	TECHNOLOGY DEVELOPMENT
51								
	UBA/01/0010/U-0158	U-0158	Central University of Haryana	NET Karukshetra	Agriculture	DEVELOPMENT OF MULTI-STRESS TOLERANT PHOSPHORUS SOLUBILIZING BACTERIAL FORMULATION	100,000.00	TECHNOLOGY DEVELOPMENT
52								
	UBA/14/0112/C-0475	U-0475	SAVEETHA SCHOOL OF ENGINEERING	Indian Institute of Technology Madras	Agriculture	NANOPHOSPHORUS FERTILIZER ENCAPSULATED IN GELLAN GUM TO INCREASE THE UPTAKE OF PHOSPHORUS IN RICE SEEDLINGS- A PILOT STUDY	100,000.00	TECHNOLOGY DEVELOPMENT
53								
	UBA/14/0025/C-16476	C-16476	Sri Sai Ram Institute of Technology	IIT Madras	Agriculture	SOLAR POWERED SMART IRRIGATION SYSTEM	100,000.00	TECHNOLOGY DEVELOPMENT
54								

- **Event Name:** Honour Presidents of Adopted Villages
Date: 17th March 2022

Details: Mr.D.Muralidharan and Mr.A.Ponshanmugakumar presented the shawl and memetos to honour the Presidents of adopted villages.



- **Event Name:** Pregnancy Awareness App. to the Village people

Date: 20th January 2022

Details: UBA members created awareness on Pregnancy Awareness App. to the women in the adopted village.



- **Event Name:** Rain Gauge Maintenance

Date: 22nd January 2022

Details: A team of Indian Meteorological Center, Chennai. visited the campus and did the maintenance work.



- **Event Name:** One day Workshop

Date: 14th December 2021

Details: Sairam Institutions conducted a one day virtual workshop on Providing Urban Amenities to Rural Areas. More than 100 students from both SEC and SIT participated and got benefitted.



Mr. RANGASWAMY ELANGO
Former Panchayat President,
Kylambakkam Village, Thiruvallur, Tamilnadu
Chemical Engineer,
Founder, Trust for Village Self Governance
Keywords: BUILDING ROLE MODELS FOR INCLUSIVE GROWTH - PURA MODELS

Prof. Dr. B. S. MURTY
Coordinator, RCI - Urmel Shree Ashiyar, IT Madras
Professor, Department of Civil Engineering, IT Madras, Chennai
Keywords: HOW CAN TECHNICAL INSTITUTES HELP DEVELOPMENT OF RURAL AREAS?

Chief Patron
Shri. Sai Prakash LeoMuttu
Chairman & CEO, Sairam Institutions

Patrons
Dr. K. Perumaran
Principal, Sri Sairam Engineering College
Dr. K. Palaniappan
Principal, Sri Sairam Institute of Technology

Convener
Dr. S. K. Uma Maheswari
Convener-RIE

Co-Convener
Dr. B. Tharaja / Mr. D. Nuralidharan

For more details, contact
M. M. Mayanthu
98801 13408 / 98800 81007
email: ioc@Sairam.edu.in

Hosting on Zoom
<https://tinyurl.com/uv798nx9>

www.sairamgroup.in



2020 -21

- **Event Name:** Orientation programme for I year students

Date: 15th May 2021 (online)

Details: Our team conducted an Orientation programme for first year students to create awareness among the students about UBA. We elaborated the events of what we have been doing in the adopted villages and explained about the projects under UBA. More than 300 students participated and benefited from this programme.



The poster is for an orientation programme for first-year students. It features a green background with a yellow border. At the top, there are logos for Sairam, RAISE FOM, AREA, 100, 103, and GOALS. The main text reads "ORIENTATION PROGRAMME for First Year Students" in large yellow letters. Below this, it says "UBA - A TRANSFORMATIONAL CHANGE IN RURAL DEVELOPMENT & KNOW OUR ADOPTED VILLAGES". The event is held on Zoom on 15.05.2021, Saturday, from 6.00 PM to 7.30 PM. The poster also includes the Sairam Engineering College logo, the name of the college, and the names of the principal and chairman. A QR code is provided for the meeting link, and a URL is listed at the bottom: <https://tinyurl.com/yur4hpmc>. The bottom of the poster features a photograph of a rural village with thatched-roof huts and people walking on a dirt road.

- **Event Name:** Awareness Programme

Date:

Details: The volunteers of UBA came forward to create awareness among people to use sanitizer, wear masks, maintain social distance and take kabasura kudineer during COVID-19. Some of the volunteers from UBA, NSS, YRC and RRC distributed food pockets to the needy during the lockdown.



- **Event Name:** Installation of Rain Gauge

Date: 12/11/2020

Details: Our CEO Sir inaugurated the Automatic Rain Gauge in the campus, in the presence of the Principal and the Chief Guest of the function Dr.S.Balachandran, Head,

Regional Meteorological Centre, Chennai and the special invitee of the function Mr.N.Meenatchinathan, Scientist 'E', Regional Instrument Maintenance Centre, Chennai also participated in this event. It will be benefitted to the people of adopted villages since the villages are very near to the campus. Whenever we need the data of rainfall and others, we will get it from the website.





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**Inauguration of
AUTOMATIC
RAIN GAUGE**

**12.11.2020, Thursday
@ 03.00 pm**
Venue : Kalam Garden

Inaugured by
Shri. SAI PRAKASH LEOMUTHU
Chairman & CEO, Sairam Institutions

in the presence of
Dr. K. PALANIKUMAR
Principal, Sri Sairam Institute of Technology

Chief Guest
Dr. S. BALACHANDRAN
Head, Regional Meteorological Centre,
Chennai

Special Invitee
Mr. N. MEENATCHINATHAN
Scientist 'E',
Regional Instrument Maintenance Centre
Chennai

Mr. D. Muralidharan & Mr. A. Ponshanmugakumar
Co-ordinators / UBA-SRI

Sairam

- **Event Name:** New Education Policy Webinar

Date: 23/09/2020

Details: The UBA of Sri Sairam Institute of Technology conducted a webinar on New Educational Policy to the Faculty members and students. Prof. Dr.Maran, Director, Sri Sairam Institute of Management Studies (SIMS) explained the various features of this policy. More than 250 members including staff members participated and benefitted from this event.



- **Event Name:** Tree Plantation Programme

Date: 27/07/2020

Details: Our Principal encouraged us to plant more saplings on the campus. The Coordinator of UBA, Physical Director and Non- Teaching members Participated in this.



- **Event Name:** Prevention & Prophylaxis of Siddha System of Medicine to Combat the COVID -19 Pandemic. (Webinar)

Date: 11/08/2020

Details: Dr.Arul Mozhi, Lecturer, National Institute of Siddha delivered the presentation of how the siddha system is useful to our health. He explained how we protect from COVID 19. More than 150 participants attended this webinar.

The poster features the SAI RAM INSTITUTE OF TECHNOLOGY logo at the top left, with its website address. To the right are logos for AICTE, UGC, and other educational bodies. Below these is the UNNAT BHARAT ABHIYAN 2.0 logo. The central text reads: 'WEBINAR ON PREVENTION & PROPHYLAXIS OF SIDDHA SYSTEM OF MEDICINE TO COMBAT THE COVID19 PANDEMIC'. The date and time are '11th August 2020 | 2.30 pm - 3.30 pm'. A QR code is on the left, and a photo of Dr. P. Arul Mozhi is on the right. Below the photo is his name and credentials: 'Dr. P. ARUL MOZHI MD(Siddha), Ph.D(Siddha), MBA, Msc, Ph.D(Patho) Lecturer, National Institute of Siddha (Ministry of AYUSH, Government of India) Chennai 47'. At the bottom, there are registration and WhatsApp group links, and a footer with the Sairam logo and names of faculty members: Mr. D. Murthybharan, Mr. Ashwin Sathish, Dr. K. Manikumar, and Shri. Sai Ramesh Kumar.

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UNNAT BHARAT ABHIYAN 2.0

WEBINAR ON
PREVENTION & PROPHYLAXIS OF
SIDDHA SYSTEM
OF MEDICINE TO COMBAT
THE COVID19 PANDEMIC
11th August 2020 | 2.30 pm - 3.30 pm

Expert Speaker by

Dr. P. ARUL MOZHI
MD(Siddha), Ph.D(Siddha), MBA, Msc, Ph.D(Patho)
Lecturer, National Institute of Siddha
(Ministry of AYUSH, Government of India)
Chennai 47

Registration Link, click here
<https://forms.gle/Vu8phzL5HHt9uyQG9>

WhatsApp Group Link to join
<https://chat.whatsapp.com/FOILRSqzBJsKzeJ3BS>

Sairam
Mr. D. Murthybharan
Mr. Ashwin Sathish
Dr. K. Manikumar
Shri. Sai Ramesh Kumar

2018 - 19

- **Event Name:** Plastic Awareness Rally

Date: 17/09/2019

Details: Disposable plastics used in packaging foodstuff meant for human consumption contain harmful compounds. Plastics are generally non-biodegradable; hence, they may

take centuries to decay. So, The volunteers of UBA decided to create awareness on Disadvantages of Using Plastic. More than 75 students participated along with 10 Staff.





- **Event Name:** Oratorical competition

Date: 31/01/2019

Details: In collaboration with the Central Bank of India, Egmore branch, UBA conducted an oratorical competition on “Innovative Ideas for Cleanliness” to the students on 31st January 2019 in our campus. The purpose of this competition is to collect the innovative ideas from the students to implement their concepts to develop the people from the adopted villages.



- **Event Name:** Meeting with the Collector

Date: 08/01/2019

Details: The District Collector organized a meeting with all the coordinators of Unnat Bharath Abhiyan in this district in Kancheepuram. He explained the importance of UBA and how they would support the coordinators to develop the village people in this event. More than 15 coordinators from various colleges in Kancheepuram district participated.

